

Sail Camp Equipment List

IMPORTANT! PLEASE READ CAREFULLY.

**The following items are required for your comfort, safety, & participation.



PERSONAL FLOATATION DEVICE (PFD)

A life-jacket. Today there are a wide variety of choices. Some are better than others. We recommend that you buy a US Coast Guard approved PFD that specifically fits the student's height and weight. Many sailors opt for kayaking PFDs as they account for a wide range of motion.

ATTIRE

It is best to wear layers of clothing that can be removed, or added, layer at a time as the sailing conditions change. Swimsuits are a good base layer. Long-sleeved tech shirts are great for sun protection. Hats are recommended, but if it's a favorite, be sure it is tethered to the back of your shirt with a "kap-strap."

FOOTWEAR

Must wear closed-toe footwear. These will be worn into the lake and may be ruined. Shoes must not come off in the event of an "unscheduled" capsiz. Ribbed-sole shoes help from slipping on wet surfaces. Don't feel the need to purchase something new, or get the "best of the best" option. Old sneakers will work!

SUNGLASSES WITH NECK CORD

Get sunglasses with good UV protection. Polarized models are great for reducing glare off the water. Wear a cord/ croakie around your neck to keep them from falling overboard.

TOWEL AND DRY CHANGE OF CLOTHES

Whether in the lake, or in the pool, we will get wet every day so be sure to pack a fresh towel. Bring a dry change of clothes each day in your gear bag. It can get very hot and sweaty on the lake.

SUNSCREEN

Must be waterproof and SPF 30 or greater. You know your tolerance to the sun. Please be sure that the first coat of sunscreen is applied BEFORE arrival at camp each day. Also, lip balm with SPF is recommended.

WATER

We require a refillable water bottle for every student. A *three foot* length of line should be tied onto each water bottle (anything that isn't attached to the boat could float away/sink).

It is advisable to refill water bottles before and after every sail. In addition to our water stations onshore, our instructors will keep extra water bottles on the lake to ensure everyone stays properly hydrated.

GEAR BAG

Something to keep all of these things together. We prefer you not burden yourself with the responsibility of a lot of expensive equipment and gear. You want the best for yourself, naturally, just remember that the only thing of value that should go on (or in) the lake is you. Rescuing your favorite water bottle, hat, ray-bans, or your best Harken sailing gloves cannot be a priority when the boat capsizes. We aren't just going sailing, we are LEARNING to sail.

A GOOD RULE IS: IF IT'S TOO PRECIOUS TO LOSE IT, DON'T USE IT!

Last but not least, we ask you to ensure the student's name, or initials, is on everything. The instructors have a lot to keep up with and this stuff ALL looks alike at the end of the day.

If you have questions about any of the equipment on this list we are happy to help.